

### Do I understand...



Health and Wellbeing – strengths, aspirations, strong feelings, substances, decision making, medicine- alcohol, smoking, healthy lifestyles, drugs.



**Relationships** – elaborating play ideas, being assertive, responsibility, being outgoing, self confidence, others' feelings, conflicts and rivalries



Living in the wider world - budgets, savings, VAT/interest/loans/tax, enterprise, charity work Sex and Relationships - adolescent relationships, how close friendships develop









Do I understand...



health, working collaboratively, cooking skills. **Relationships** – racial discrimination, gender collaboration



Living in the wider world – structure, democracy/government/monarchy, rights of a child



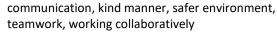
### **PSHE** at Bewley **Primary School**

## Year 4



Do I understand...





**Living in the wider world –** interacting with the community, discrimination/stereotypes





Do I understand...

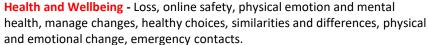
Health and Wellbeing – own emotions, health and hygiene, emotional and physical changes since birth, empathy, secrets and surprises, saying no.

Relationships – working together, behaviour and emotions, online safety, being kind, empathy, important people

Living in the wider world – caring about living things

Do I understand...

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Relationships – friends and family, similarities, different cultures and beliefs Living in the wider world – balanced diet, where food comes from, money choices.





Health and Wellbeing - Healthy eating, rules/class rules, emotions and strategies, consequences, aspirations, differences between boys and girls, body parts, keeping healthy. **Relationships** – how friendships work

Living in the wider world - belonging, school and community projects, road safety, medicines, value of money, business and money

Do I understand...

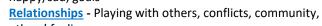








Health and Wellbeing - Basic Hygiene - toileting, washing, happy/sad, goals





Living in the wider world - Responsibility and community membership rules







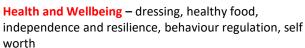
Poppy - PSHE





Bright, Proud, Successful







Relationships – Own feelings, special people, cooperation, adapting behaviour, positive attachments, respectful relationships, focusing