



**Bewley**  
Primary School

# **Welcome to our E-Safety workshop**

**It is our mission to promote E-Safety awareness to pupils, parents and teachers in our school.**





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## Aims:

- To understand the progression of children's internet use
- To understand some of the online issues
- How to report concerns
- How to set parental controls
- Privacy settings
- Digital footprint
- To understand PEGIs
- Clickbait



# E-Safety and Bewley Primary as a Rights Respecting School



## Article 3



The best interests of the child must be a top priority in all things that affect children.



## Article 16



Every child has the right to privacy. The law should protect the child's private, family and home life.



## What is E- safety?

E-Safety is a term which means not only the internet but other ways in which people communicate using electronic media. It reflects a widening range of issues associated with technology and a user's access to content, contact with others and behavioural issues.

**E- safety is not just about technology, it is about safeguarding.**

The Office of Communications, commonly known as Ofcom, carried out research called ‘Children and parents: media use and attitudes report 2017’.

This report provides detailed evidence on media use, attitudes and understanding among children and young people aged 5-15, as well as detailed information about the media access and use of young children aged 3-4.



3-4s

■ have their own smartphone, ■ have their own tablet.

■ watch TV on a TV set, for around 15h a week

■ watch TV on other devices, mostly on a tablet

■ play games, for nearly 6h a week.

■ go online, for nearly 8h a week.

■ of these mostly use a tablet to go online.

■ use YouTube, of which ■ of these say cartoons are their favourite thing to watch, ■ say unboxing videos.

■ have a social media profile.

On your tables are 4 pieces of paper which look like this.

**Complete** the blank boxes with  
What % of children you think  
use the internet in this way.



**5-7s**

■ have their own smartphone, ■ have their own tablet.

■ % watch TV on a TV set, for around 13½h a week

■ watch TV on other devices, mostly on a tablet

■ play games, for nearly 7½h a week.

■ go online, for around 9h a week.

■ of these mostly use a tablet to go online.

■ use YouTube, of which ■ say cartoons are their favourite thing to watch, ■ say funny videos or pranks.

■ have a social media profile.

The TV set is the device they say they would miss the most.



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# Children's Internet Use



Children and Parents: Media Use and Attitudes Report 2017

8-11s



■ have their own smartphone, ■ have their own tablet.

■ watch TV on a TV set, for nearly **14h a week**.

■ watch TV on other devices, mostly on a tablet

■ play games, for around **10h a week**.

■ go online, for nearly **13½h a week**.

■ of these mostly use a tablet to go online, ■ a mobile.

■ use YouTube, of which ■ say funny videos or pranks are their favourite thing to watch, ■ say music videos.

■ have a social media profile.

The **TV set** or **tablet** are the devices they would miss the most.



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# Children's Internet Use



Children and Parents: Media Use and Attitudes Report 2017

12-15s



■ have their own smartphone, ■ have their own tablet.

■ watch TV on a TV set, for nearly **14h a week**.

■ watch TV on other devices, mostly a tablet or mobile.

■ play games, for around **12h a week**.

■ go online, for nearly **21h a week**.

■ of these mostly use a tablet to go online, ■ mostly use a mobile.

■ use YouTube, of which 26% say music videos are their favourite thing to watch, 23% say funny videos or pranks.

■ have a social media profile.

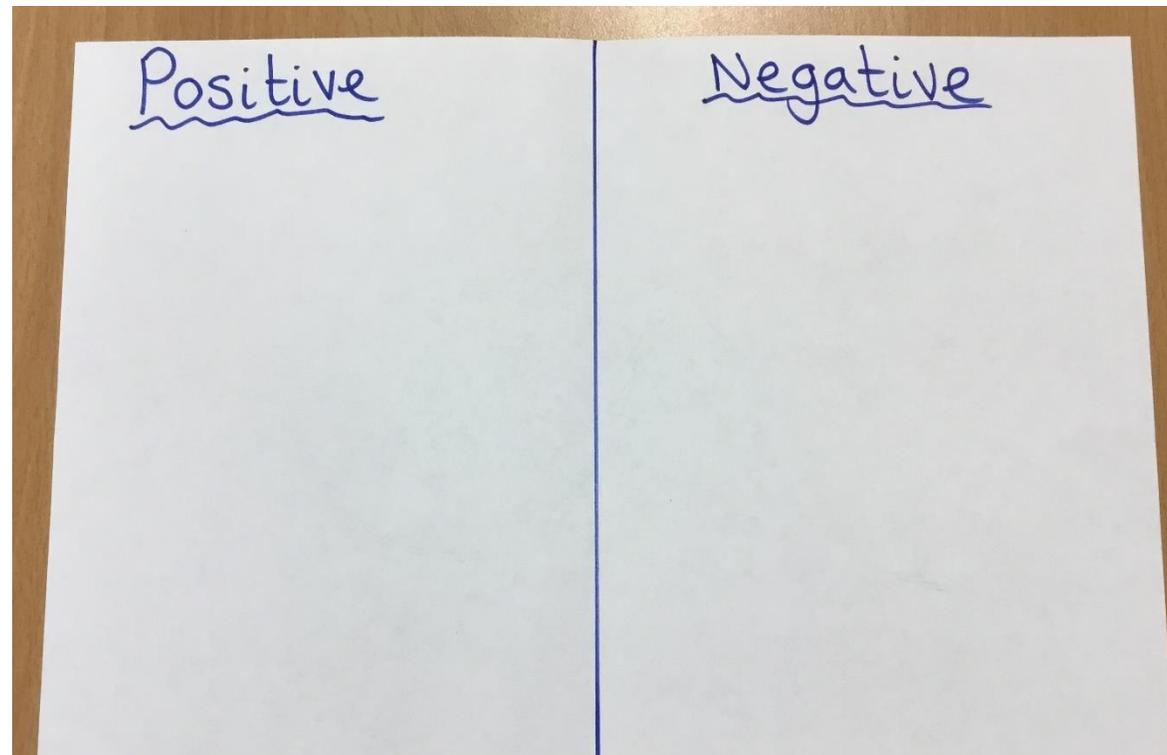
Their **mobile phone** is the device they would miss the most.



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# Internet Use

On each table there is a large piece of paper and some pens. In a group talk about the positives and the negatives of the internet and write them down in each column. We will share ideas at the end.



## **Positives:**

**Internet search engines are the best information retrieval systems available making it easy to gain information quickly.**

**Communication with family, friends and relatives is easier/faster.**

**It gives us information about what happens around the world in an immediate way.**

**Online games.**

**Online shopping.**

**Good for education.**

## **Negatives:**

**Illegal or inappropriate materials can be found on the internet.**

**Some people in recent years have illegally downloaded music or other copyrighted material for free. This action has had a negative impact on the music industry and has led to several lawsuits.**

**The addiction to online social networks can disturb a person's way of living and professional activity.**

**Some criminals use the internet for spreading computer viruses or even intercepting credit card or bank details for spurious purposes.**

**People have gained online friends who aren't who they say they are.**

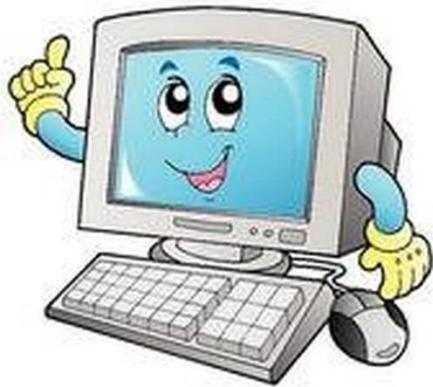
**It can put our children at risk.**



There are many advantages and disadvantages of using the internet. We are going to now look at some of the issues that can arise.



# Issues of online friends





Using social media websites is among the most common activity of today's children and teenagers.

Any website that allows social interaction is considered a social media site.

However, as with face to face friends, problems can happen which lead to arguments and fallouts.

These problems can follow children into school causing more worry and upset.

# Social Media sites and Games with chats

These are some of the games that you can talk to strangers on

Snapchat



Musically



Twitter



Instagram



Messenger



Roblox



Minecraft



Facebook



Skype



# Uncomfortable Messages

**If your child is receiving uncomfortable messages, block that person using the privacy settings.**

**Our advice is – Don't talk to strangers because you do not know who's behind the screen.**

**When people start asking strange and uncomfortable messages you know you cannot trust them.**

**If your child is not telling you they are receiving rude messages, then every now and then check what they are doing online.**

**Sometimes we need someone to have fun with. But now and again we need a friend to support us through a tough time. Friends should never:**

**put you down**

**make fun of you, your religion, or culture**

**Make you worried, put you in danger or make you feel unsafe.**



# Stranger Danger





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# STRANGER DANGER

As a parent you have probably taught your child about Stranger Danger.

However, children also need to be aware of the possibility of online Stranger Danger because the cost of making friends online, can have just as much risks.



# STRANGER DANGER



London Grid for Learning conducted an E-Safety survey in 2015 and made a report called:

'Young People and e-safety'

This report showed over a third of children have made friends online with people they did not know.



It can be very easy for children to be tricked into situations when playing games online or through social media.

<https://www.youtube.com/watch?v=IGIEKGRWEo>

# Stranger Danger

## What to do as a child

If people you don't know have messaged you, then try to delete them or ask an adult to help you delete them. You can also block a caller on a mobile phone. .

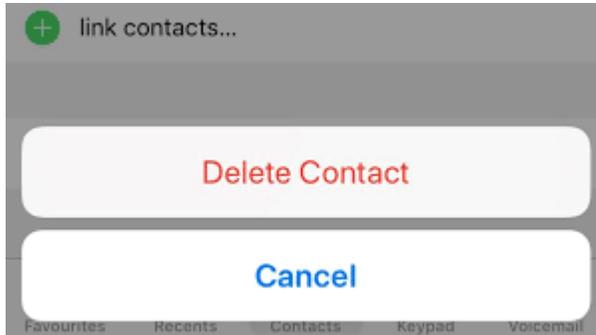
Don't message strangers about meeting up.

Don't give out personal information.

Don't respond to strange requests.

Never share your password.

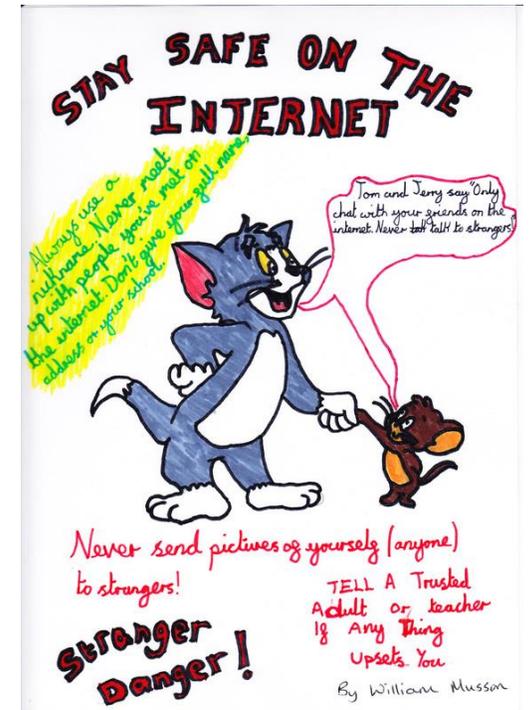
Never agree to meet up face to face.



# STRANGER DANGER

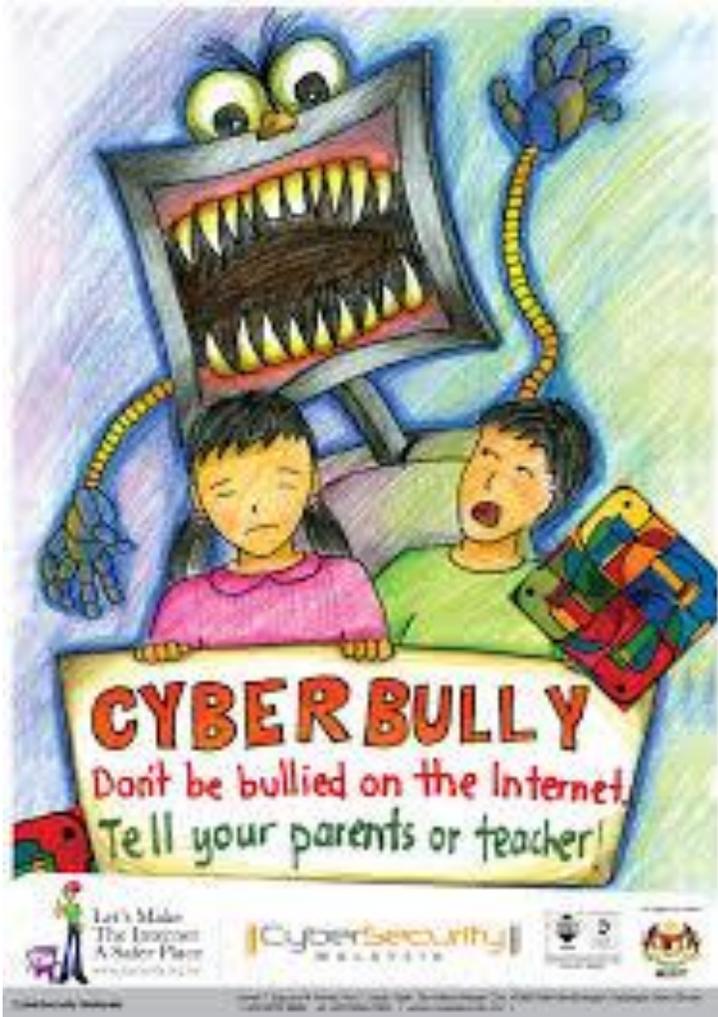
## Tips for parents

- Tell your child not to add people who they don't know.
- Monitor your children's online and social media behaviour
- Make sure you can delete people.
- Keep tabs on the websites your child visits.
- Make sure they delete the people who they don't know .





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# Cyberbullying





# What is Cyberbullying?

## What is Cyberbullying?

Cyberbullying is bullying that takes place over digital devices like cell phones, computers and tablets.

Cyberbullying can occur through text and apps, social media, forums or gaming where people can view, join in or share content.

Cyberbullying includes sending, posting or sharing negative, harmful, false or mean content about someone else, causing embarrassment. Some cyberbullying crosses the line into criminal behaviour.

# Signs Of Cyberbullying



- Spending much more or less time texting, gaming or using social media.
- Many new phone numbers, texts or e-mail addresses show up on their mobile phone, laptop or tablet.
- Not wanting to go to school and/or avoiding meeting friends.
- Difficulty sleeping.



# What Are The Effects Of Cyberbullying

- Cyberbullying affects people from any age or walk of life, including children, teenagers and adults who all feel very distressed and alone.
- Cyberbullying can make you feel totally overwhelmed which can result in many feelings.
- Many children feel unable to report to an adult because they feel ashamed and wonder whether they will be judged.
- They are also afraid that their technology might be taken away from them.



# Work with your child

- Bullying and cyberbullying usually involves a loss of dignity or control.
- Involving your child in finding solutions helps him or her regain that.
- Cyberbullying is usually about context, because the bullying is almost always related to school.
- Their point of view is key to getting to the bottom of the situation and working out a solution.



Safe

Online!



# Save your evidence



- Encourage your child to save the evidence of any messages they receive.
- They can do this by taking a screenshot of what is happening on the screen.
- To take a screenshot on an iPhone, you hold down the power off button and the home button. To take a screen shot on an Android you hold down the power off button and the bottom volume button.
- REMEMBER TO REPORT IT!



# How to be a good friend

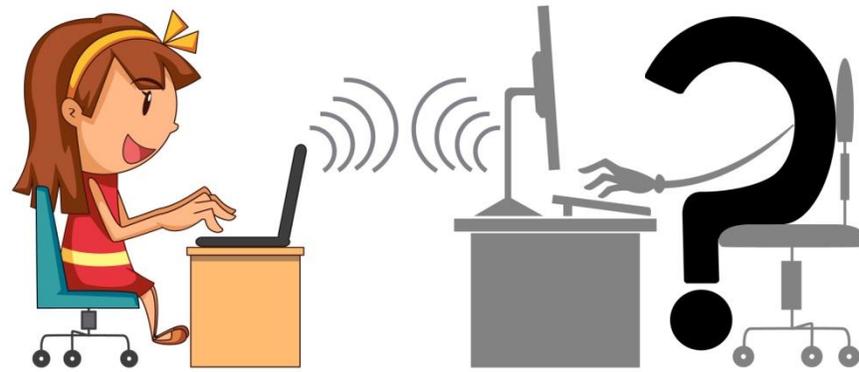
It can be hard not to react towards someone who is being unkind but this is not a positive way to deal with the issue. Also friends can sometimes make you feel upset or angry. Therefore, it is important to be a good friend online.

These are some tips on how to be a good friend online:

- Don't make fun of them at any point
- Don't put your friends down
- Don't make your friends worried
- Don't put friends in danger
- Don't make friends feel unsafe



# Grooming



# Grooming



The internet is a fun place for you and your child but friends online may not be who they say they are.

Grooming is when someone online gains the victims trust . They want you to think that they are your friend so they can ask you your personal information such as finding out where you live, finding out your age/birthday and asking you to do uncomfortable things.

It is very hard to know if your child is being groomed , to find out how you could look out for a change in behaviour (have they become more secretive?).

Let them know you are there to help and that they can trust you with anything.

Talk to them about grooming (if you're comfortable with it) and see if you think they are being groomed.

The best way to prevent online grooming is to participate in honest and truthful conversations with children

We will now watch a video to show the dangers of making online friends.



<https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/grooming/>

# How To Report: 😊



If something goes wrong contact CEOP!!!😊



Child Exploitation and Online Protection command

If you need to hide this site quickly, just click here

Quick exit

### Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

#### Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



#### What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



#### How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



[Make a report](#) 

If you have been a victim of sexual online abuse or you're worried this is

# CEOP!!! 😊

- . **CEOP stands for Child Exploitation and Online Protection command.**
- . **CEOP is a really good website to report to the police.**
- . **Always report concerns to CEOP or the website because they ban or tell them off.**
- . **CEOP is an adult protection website.**

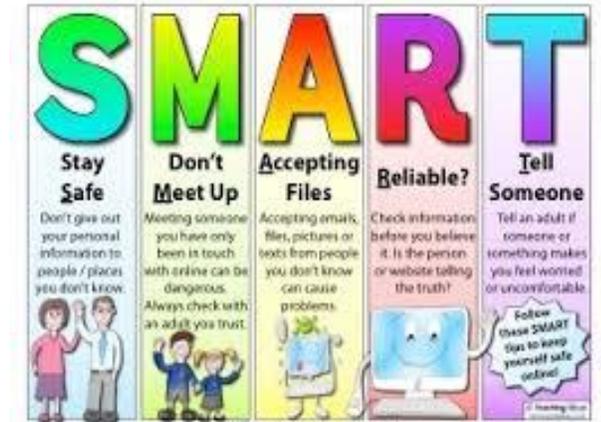


A National  
Crime Agency  
command



## Save rude messages: 😊

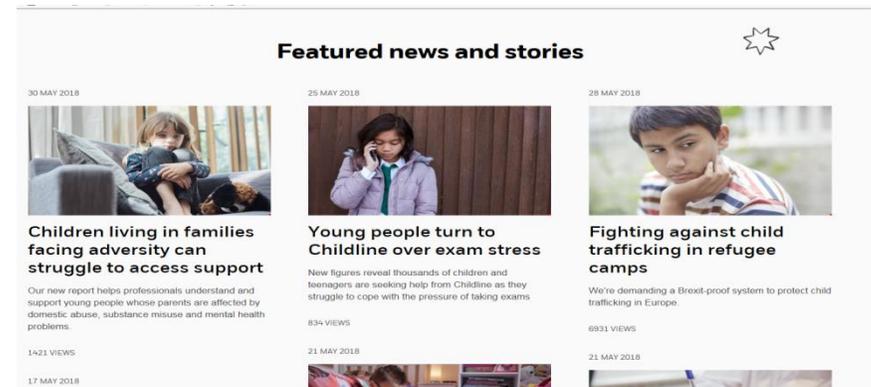
- Remember to save any rude or bad words such as swearing.
- You can tell an adult if any rude messages pop up on your screen or in your messages notifications.
- Call ChildLine if a rude message or chat word pops up on your screen.
- Always tell a trusted adult.



The image shows a banner from the Childline website. At the top, it says "childline" and "ONLINE, ON THE PHONE, ANYTIME". There are navigation links for "Info and advice", "Get support", "Toolbox", and "Get involved". A "Your Locker" button is also visible. Below the navigation is a search bar and a "You are here / Home" breadcrumb. The main banner features a photograph of a person's legs in jeans and red shoes. Overlaid on the photo is a speech bubble that says "READY to talk about my sexuality". Below the speech bubble is a white box with the text: "It can be tough to talk about your sexuality but we've got advice to help →". At the bottom of the page, there is a cookie consent banner that says "Our site uses cookies. By continuing to browse the site you are agreeing to our use of cookies. Find out more here".

# How to report online id or [nametag]:😊

- . You can go on friends list and press report or remove from friends if they've done something wrong or hacked the game or on your account.
- . Also you can report their name or their online ID so they will get banned from that game.
- . You can find out what the company's phone number is and tell them your incident or what happened to you. Simply, google their details.





# **PARENTAL CONTROLS**



# Ps4 Xbox one

It is very easy to set parental controls to limit internet use for children. Here are some examples:



## Ps4:

- .Go to settings which will be up and on the right.
- .Go to parental controls
- .And there's lots of things to change like how much time you can have on or passwords and ages for games.



# *Xbox one*

- .Go to settings which should be in dashboard in profile.
- .Go to privacy settings
- .Then choose any options to change if you want to change anything. 😊



# IPAD



.Go to settings which is an app on your dashboard.

.Press General

.Press parental controls and there will be lots of options to choose from such as : Enter a 4 digit password, you can disable apps and you can turn restrictions on.

## *How to set up PC settings*

- .Find the settings cog (which is a symbol for settings) on your home screen and click on it in the top corner.*
- .Find Parental controls*
- .Pick any options available that sounds suitable to you.*





# *Privacy Settings*

What is the difference between privacy settings and parent controls?

Privacy Settings

The part of a social networking website, internet browser, piece of software, etc. that allows you to control who sees information about you

Parental controls

Are features which allow parents to restrict the access of content to their children.

# Keep it private

Lets watch this video, it's about a mother and daughter with a passion for using social media and they are surprised to find out how much of their life is available online.

# What Privacy Means

- When uploading a video to YouTube, you **can** change the **privacy settings** for that video to Public, Private, or Unlisted. Public is the default **setting** and that **means** anybody **can** see your video.



## A good website for children

- This website is called YOUTUBE kids and it has no adverts
- You can't have any rude videos, there is no swearing and all the other bad stuff 😊.

You  Kids

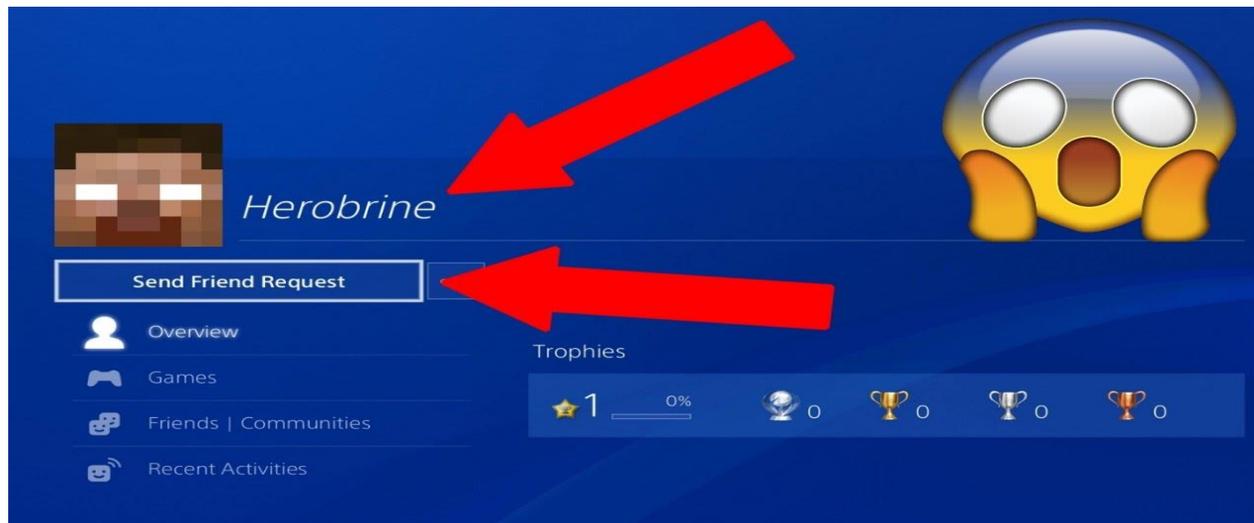
The YouTube Kids logo consists of a red rounded square containing the word 'Tube' in white. The word 'You' is in black to the left of the square, and the word 'Kids' is in black below the square.

- *Remember to always keep your account private.*
- *Just remember to keep your account so only people you have made friends with can see your photos and anything else you post.*



# Friends Lists + Random People

- You can make your account where only friends you accept can be added. Also you can set your privacy settings so no one can request you as a friend.
- If you don't know someone then don't add them or don't let anyone else add them when you let them in to play.





# Digital Footprint



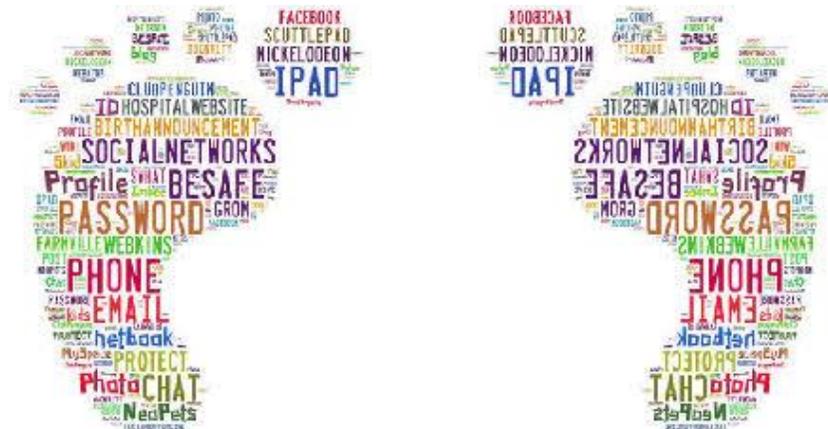
# What is a digital footprint?

Whenever you go online your computer is given a special number to identify it.

This number is called an Internet Protocol address (IP address).

Without this special number the computer can not receive any information from websites or other computers.

Sometimes when people behave badly online a website and/or the police may use an IP address to identify the computer that has sent the information.



# Apparently lots of universities employ people to check your data footprint!

- Well, you may not realise it but every time you use the internet you leave a trail. Have a look in your history section which will show the websites you have browsed in the past.
- Treat your password like your toothbrush don't share it with anyone and change it often.
- Use your own digital footprints to remember your favourite websites like the history button and your bookmarks.

# Your Digital Footprint

A digital footprint is the trail of information that people leave online or using other communication devices.

- favorite apps
- websites visited
- messages sent
- videos downloaded
- pictures uploaded
- music downloaded
- games played
- comments posted

What will your digital footprint look like?



<https://www.youtube.com/watch?v=uwY6KsipuJQ>

# PEGIs



# Do you know what PEGI means?

Did you know, that PEGI stands for Pan European game information ?

Pan European means most of European countries or countries that has an Association in Europe.



# The meanings of PEGI

You can see PEGIs on a variety of things such as Dvd's , consoles and games. these are Just a few of them though. In this slideshow we will be presenting many things related to PEGIs.

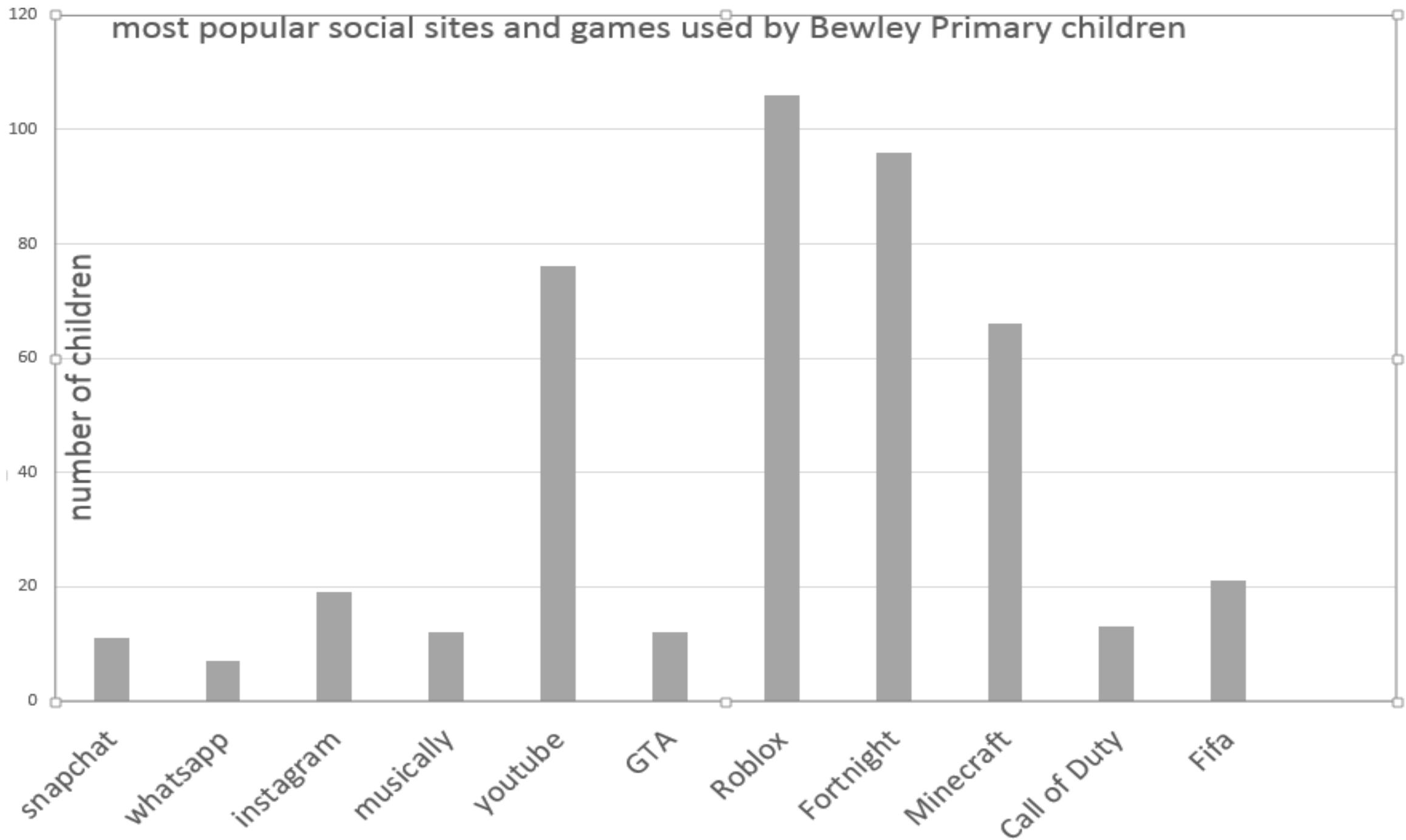


# PEGI age ratings

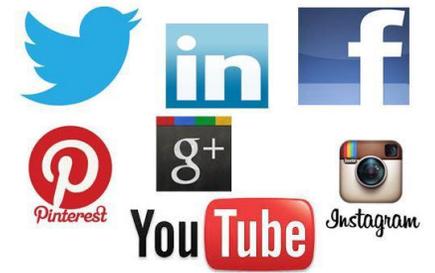


PEGI 3 games	PEGI 7 games	PEGI 12 games	PEGI 16 games	PEGI 18 games
Just dance	Rayman	Fortnite	Horizon	Assassins creed
Mario	Minecraft	Terraria	Call of duty ghost	Call of duty ww2
Fifa	Lego Harry Potter	Sims	Titanfall	Friday the 13 <sup>th</sup>
Turbo	Crash Bandicoot	Tiny ops	Little nightmares	god of war
Monopoly	Papaton	Portal 2	7 days to die	Mortal kombat

most popular social sites and games used by Bewley Primary children



# Social media



Most social media websites age recommendations are around 12-15 years old such as Facebook ,snapchat and Instagram.

However, a report conducted by EU Kids Online discovered that children as young as 9 have a Facebook account. They also found out that younger children were more likely than older to have their profile 'public'.

The age range of 13 has been set by Facebook because they feel that children are more able to understand their rights and responsibilities at this age.

One final issue we felt we should address is-

# CLICKBAIT



# Clickbait (what is click bait?)

Clickbait is tempting pictures or offers to press on like this.



But actually it is way different and can lead you down a path to view unwanted images or tempting offers that can be too good to be true. For a child this can land them lots of trouble or give them worries.

Clickbait can also be a way for online predators to gain personal information.

We will now watch a video :

[https://www.youtube.com/watch?v=d5kW4pI\\_VQw](https://www.youtube.com/watch?v=d5kW4pI_VQw)

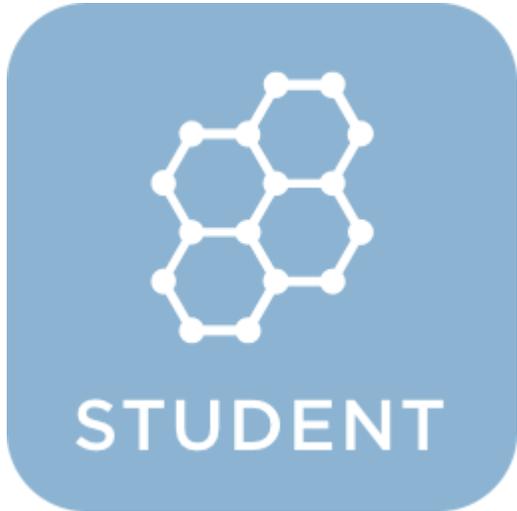




Thank you to our amazing E-Safety ambassadors who have worked extremely hard to deliver this presentation.

Parent Feedback:

Please complete the feedback using the iPads on the tables. Please ask our E-Safety Ambassadors if you need help. 😊



Open the  
app Student  
Socrative

A screenshot of the Socrative Student Login interface. At the top is the Socrative logo (a blue hexagonal molecular structure) and the text "socrative by MasteryConnect". Below this is a light blue box containing the text "Student Login". Underneath is a "Room Name" label and a white text input field containing "MISSDUNNING". Below the input field is a large orange "JOIN" button. At the bottom right of the screen is a small UK flag icon followed by the text "English (UK)" and a downward arrow.

Room Name:  
**MISSDUNNING**  
(no space)

# Question 8

List of topics:

Issues with online  
friends  
Stranger danger  
Cyberbullying  
Grooming  
How to report issues

Parental controls  
Privacy settings  
Digital footprint  
PEGIs  
Clickbait



Thank you so much for coming.

We hope you have found the presentation useful.

There is a list of some useful websites and telephone numbers for you to take home on your tables.